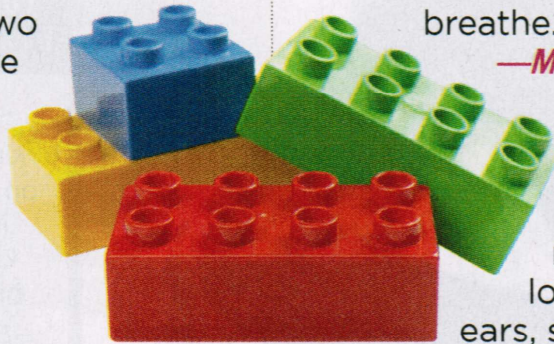


# HE PUT *WHAT* UP HIS NOSE?

**f** Recently, the parents of a 6-year-old discovered that a piece of Lego had been stuck up their son's nose for three years! Most cases aren't so dramatic and can be handled at home with tweezers, but if your kid experiences bleeding, pain, or discharge, seek medical help, says Jerald Altman, M.D., an otolaryngologist in Glendale, AZ. So we asked you: What's the most unusual thing you've found in your kid's nose or ears?

"Four chopsticks, one for each hole. That was a wonderful trip to the ER. I enjoyed it so much that two days later, we went back for another visit. This time it was Legos."

—*Laurie K.*



"My son blew his nose one day and I heard something hit the floor. It was a screw! He said it had been in there for three days!"

—*Kathy H.*

"A wolf spider. I think he was trying to smell it."

—*Sarah C.*

"Chewed-up apple chunks. Apparently, he thought it was really funny until he realized he couldn't breathe."

—*Michael R.*

"Yesterday my two boys put marshmallows in their ears, saying they were earplugs."

—*Annette A.*

"The number 3 button from a calculator."

—*Leighann G.*

"My son put those wiggly craft eyes up his nose. He

told my sister, 'Babies eyes nose,' and kept pointing to his nose. Luckily, she finally figured it out."

—*Kindra J.*

"Two days ago my son informed me that he put glow-in-the-dark modeling clay up his nose. Maybe we'll find it if we turn off all the lights."

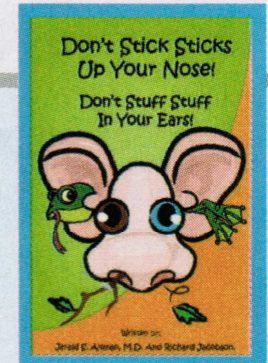
—*Eliese B.*

"A popcorn kernel...twice! We don't eat popcorn anymore."

—*Kayla J.*

"M&M's. I thought it was blood dripping out of her nose when it melted."

—*Dawn S.*



## HOW TO GET YOUR KID TO STOP?

Read Dr. Altman's new children's book: *Don't Stick Sticks Up Your Nose, Don't Stuff Stuff in Your Ears!* (\$13; dontstickdontstuff.com)